

Dosage Advice Overview

Treatment times, distances and Joules per device and application

About this overview

This document shows the recommended treatment time per device, depending on the application (superficial or deep tissue) and the distance to the skin. For every combination, a minimum, optimal and maximum treatment time is listed.

Superficial applications skin improvement, skin complaints, eyes or wounds.

Deep tissue applications muscles, joints, organs.

Min the shortest recommended treatment time for a safe, noticeable effect.

Optimal the recommended treatment time for the best result.

Max the longest treatment time that is recommended.

Below each table you will find the Joules per application and the treatment area of the device. These values apply to all distances within that application.

BioPhoton 2.0 / 3.0

Application	Distance	Min	Optimal	Max
Superficial	15 cm	3m 5s	13m 7s	23m 9s
Deep tissue	0 cm	14m 53s	32m 15s	49m 36s
Deep tissue	15 cm	23m 9s	50m 9s	77m 10s

Joules: Superficial: 8.169 J | Deep: 31.233 J | Treatment area: 961 cm²

BioPhoton Max Bi Tone

Application	Distance	Min	Optimal	Max
Superficial	15 cm	1m 13s	5m 11s	9m 9s
Superficial	30 cm	1m 28s	6m 13s	10m 58s
Superficial	40 cm	1m 34s	6m 39s	11m 44s
Superficial	50 cm	1m 44s	7m 23s	13m 1s
Deep tissue	0 cm	1m 57s	4m 14s	6m 30s
Deep tissue	15 cm	9m 9s	19m 50s	30m 32s
Deep tissue	30 cm	10m 58s	23m 45s	36m 33s
Deep tissue	40 cm	11m 44s	25m 26s	39m 7s

Application	Distance	Min	Optimal	Max
Deep tissue	50 cm	13m 1s	28m 13s	43m 24s

Joules: Superficial: 20.196 J | Deep: 77.220 J | Treatment area: 2376 cm2

Vivo Lux 450 S.2

Application	Distance	Min	Optimal	Max
Superficial	15 cm	0m 26s	1m 52s	3m 17s
Superficial	30 cm	0m 31s	2m 11s	3m 51s
Superficial	40 cm	0m 36s	2m 35s	4m 33s
Deep tissue	15 cm	3m 17s	7m 8s	10m 58s
Deep tissue	30 cm	3m 51s	8m 20s	12m 49s
Deep tissue	40 cm	4m 33s	9m 51s	15m 9s

Joules: Superficial: 35.700 J | Deep: 136.500 J | Treatment area: 4200 cm2

Vivo Lux 300 S.2

Application	Distance	Min	Optimal	Max
Superficial	15 cm	0m 26s	1m 49s	3m 12s
Superficial	30 cm	0m 31s	2m 11s	3m 51s
Superficial	40 cm	0m 36s	2m 32s	4m 28s
Deep tissue	15 cm	3m 12s	6m 57s	10m 41s
Deep tissue	30 cm	3m 51s	8m 20s	12m 49s
Deep tissue	40 cm	4m 28s	9m 40s	14m 53s

Joules: Superficial: 23.460 J | Deep: 89.700 J | Treatment area: 2760 cm2

Vivo Lux 150 S.2

Application	Distance	Min	Optimal	Max
Superficial	15 cm	0m 25s	1m 46s	3m 8s
Superficial	30 cm	0m 31s	2m 11s	3m 51s
Superficial	40 cm	0m 38s	2m 43s	4m 48s
Deep tissue	15 cm	3m 8s	6m 46s	10m 25s
Deep tissue	30 cm	3m 51s	8m 20s	12m 49s
Deep tissue	40 cm	4m 48s	10m 25s	16m 2s

Joules: Superficial: 12.240 J | Deep: 46.800 J | Treatment area: 1440 cm2

Vivo Lux 60 S.2

Application	Distance	Min	Optimal	Max
Superficial	15 cm	0m 31s	2m 11s	3m 51s
Superficial	30 cm	0m 54s	3m 50s	6m 45s
Superficial	40 cm	1m 20s	5m 40s	10m 0s
Deep tissue	15 cm	3m 51s	8m 20s	12m 49s
Deep tissue	30 cm	6m 45s	14m 38s	22m 31s
Deep tissue	40 cm	10m 0s	21m 40s	33m 20s

Joules: Superficial: 5.177 J | Deep: 19.793 J | Treatment area: 609 cm2

Vivo Lux 35 S.2

Application	Distance	Min	Optimal	Max
Superficial	15 cm	0m 35s	2m 29s	4m 23s
Superficial	30 cm	1m 7s	4m 43s	8m 20s
Superficial	40 cm	1m 35s	6m 45s	11m 54s
Deep tissue	15 cm	4m 23s	9m 30s	14m 37s
Deep tissue	30 cm	8m 20s	18m 3s	27m 47s
Deep tissue	40 cm	11m 54s	25m 48s	39m 41s

Joules: Superficial: 2.125 J | Deep: 8.125 J | Treatment area: 250 cm2

Vivo Red Light Cap 2.0

Application	Distance	Min	Optimal	Max
Superficial	0 cm	0m 51s	3m 38s	6m 25s
Deep tissue	0 cm	6m 25s	13m 54s	21m 24s

Joules: Superficial: 3.009 J | Deep: 11.505 J | Treatment area: 354 cm2

Vivo Torch 2.0

Application	Distance	Min	Optimal	Max
Superficial	3 cm	0m 24s	1m 44s	3m 3s
Superficial	20 cm	1m 48s	7m 41s	13m 33s
Deep tissue	0 cm	1m 41s	3m 40s	5m 38s
Deep tissue	3 cm	3m 3s	6m 36s	10m 9s
Deep tissue	20 cm	13m 33s	29m 22s	45m 10s

Joules: Superficial: 77 J | Deep: 293 J | Treatment area: 9 cm2