



MOROCCO METHOD INT'L
NATURAL • VEGAN • RAW • PALEO • CHEMICAL-FREE

LUNAR HAIR CHART 2024

North & South America - Europe*

WORKS BEST WITH OUR ALL NATURAL HAIR CARE PRODUCTS

LENGTHEN



STRENGTHEN



THICKEN



ROOT WORK



BEAUTIFY



JANUARY	14, 15	5, 6, 7	23, 24, 25 FULL MOON	10, 11, 18, 19	3, 4, 30, 31
FEBRUARY	10, 11	2, 3, 6, 7	14, 15, 16	26, 27, 28, 29 FULL MOON	19, 20
MARCH	9, 10	25, 26, 27, 28, 29 FULL MOON	17, 18, 19 SPRING EQUINOX	5, 6	13, 14
APRIL	21, 22, 23, 24, 25 FULL MOON	5, 6	9, 10	13, 14, 15	28, 29
MAY	3, 4, 30, 31	7, 8, 18, 19	11, 12	25, 26, 27	20, 21, 22 FULL MOON
JUNE	26, 27	3, 4, 30	7, 8, 9	17, 18, 19, 22, 23 FULL MOON SUMMER SOLSTICE	15, 16
JULY	27, 28, 29	14, 15, 16, 28, 29	19, 20, 23, 24 FULL MOON	1, 5, 6	12, 13
AUGUST	11, 12	20, 21, 24, 25 FULL MOON	1, 2, 28, 29, 30	16, 17	8, 9, 10
SEPTEMBER	16, 17, 20, 21 FULL MOON	7, 8, 9	24, 25, 26 FALL EQUINOX	12, 13	4, 5, 6
OCTOBER	14, 15	2, 3, 4, 5, 6	22, 23, 30, 31	9, 10, 11	18, 19 FULL MOON
NOVEMBER	10, 11	1, 2, 5, 6, 7	28, 29	14, 15, 18, 19 FULL MOON	25, 26, 27
DECEMBER	7, 8	25, 26, 27	11, 12, 13, 16, 17 FULL MOON	3, 4, 30, 31	23, 24 WINTER SOLSTICE

*For Asia & Australia move each date up one day



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The Lunar Hair Cutting System

For centuries, people have followed the moon's powerful cycles to improve agricultural harvests. The same principle can be applied to hair care. Using the Lunar Hair Cutting System, you can harness this ancient wisdom to restore the health of your hair and scalp.

Step 1: Select a Hair Goal

First, select a primary hair goal: Strengthen, Thicken, Beautify, Lengthen, or Root Work (scalp health). We suggest focusing on the same goal for at least three months.

Step 2: Schedule Your Haircuts

No matter what your goal is, you should schedule any larger haircuts you want on the most powerful dates of the year - the quarterly solstices and equinoxes. Then, consult the Lunar Hair Chart and add in "blunt snip" micro-trims (1/8 of an inch around the entire head) to remove split ends and dry tips on one of the dates each month that corresponds to your primary goal. This approach reduces follicle strain, allows the hair to redirect energy back towards the scalp, and enables the hair to grow freely.

Step 3: Add in Lunar Products

Use the Lunar Package products that correspond to your hair goal on the days before, during, and after your micro-trims to optimize results. On non-hair goal dates, you should continue rotating through the Five Element Shampoos, using the next shampoo in the collection each time you wash your hair.

Lunar Hair Care Products

Complement the Lunar Hair Cutting System with our Lunar Hair Care Packages, which contain all natural shampoos and conditioners that harness the energies of the **5 Elements: Fire, Earth, Ether, Air, and Water**.

For best results, use the associated products the days before, during and after your monthly micro-trims, based on your primary hair goal:

STRENGTHEN (Fire)



Apple Cider Vinegar Shampoo's antibacterial properties stabilize pH and strengthen hair follicles.

Volcanic Powder Dry Shampoo cleanses and revitalizes hair by absorbing excess oil and sealing in moisture.

THICKEN (Earth)



Earth Essence Shampoo's French clays and botanical proteins rejuvenate and thicken hair.

Floating Lotus Conditioner's hand-picked herbs detangle, condition, and moisturize the hair and scalp.

BEAUTIFY (Ether)



Heavenly Essence Shampoo tames frizz and energizes hair with natural botanicals and herbs.

Pearl Essence Crème Rinse is a moisturizing, detangling, rinse-out conditioner that repairs extremely dry hair.

LENGTHEN (Air)



Pine Shale Shampoo's ancient shale oil nourishes the hair and scalp and is helpful for people with dandruff.

Diamond Crystal Mist is a spray-on, leave-in conditioner with highly energized Himalayan liquid crystals.

ROOT WORK (Water)



Sea Essence Shampoo has a unique blend of marine proteins that naturally cleanse and condition the scalp.

Euro Oil is a deep conditioning scalp treatment featuring almond, avocado, and jojoba oils.